

Carb10™

FROM COMPOUND SOLUTIONS



ENERGY TO BURN

What is Carb10™?

Carb10™ is a major advancement in healthy, low-glycemic carbohydrates from Compound Solutions. Unlike maltodextrin-based supplements—which can cause unnatural spikes in blood-sugar levels (and the crashes or bloating that typically follow)—Carb10™ is a source of clean, sustained energy perfectly suited to the physical demands of dedicated athletes, busy professionals, and those attentive to maintaining a healthy weight.

Carbs reloaded.

Carb-loaders have come to accept the effects of maltodextrin, but Carb10™ provides 82% lower insulin response and 27% lower blood-sugar response. With an osmolality of just 30 mOsm, it's the choice for weight gainers seeking healthier sports nutrition.

Fuel for sport and life.

Carb10™ eliminates the digestive discomfort caused by many carb formulas. That makes it ideal for creating everything from healthier dietary supplements and satisfying meal-replacement products to nutrition-based endurance formulas and sports drinks.

How does Carb10™ work?

Low osmolality enables Carb10™ to speed through the stomach. So, rather than causing bloating, Carb10™ passes rapidly into the large intestine where it aids the gut microbiome — all without causing a spike in insulin.

Healthful benefits of Carb10™ energy supplement:

- Minimal blood-sugar and insulin response
- Fast gastric-emptying formula reduces bloating
- Low osmolality
- Mixes easily and tastes neutral in food and drink
- Prebiotic, non-allergenic, non-GMO, and gluten-free

Carbs in the gym, or on the go:

- Ready-to-use powder
- Convenient powder shakes
- Meal replacement shakes
- Weight gainer shakes

About Compound Solutions

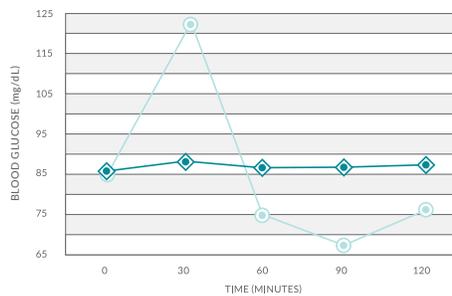
Compound Solutions is the go-to company representing and distributing unique, patented nutraceutical ingredients that improve the health and performance of individuals.

CSI supplies effective, science-based, quality ingredients to sports nutrition, functional food and nutraceutical manufacturers. We are committed to building and maintaining long-term relationships with our global customers and suppliers.

Contact us for a **FREE SAMPLE** of Carb10™ today:

760-739-9881
sales@compoundsolutions.com

Blood Glucose Response

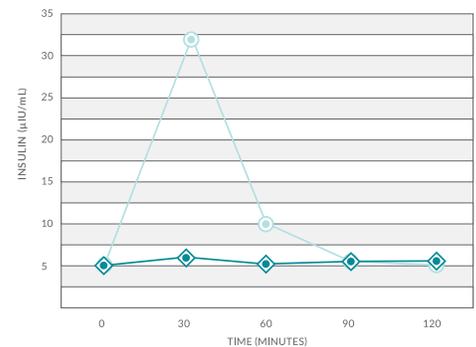


Statistical differences between trials were observed at:

- 30 Min; p=0.001
- 60 Min; p=0.07 (trend)
- 90 Min; p=0.001
- 120 Min; p=0.001



Insulin

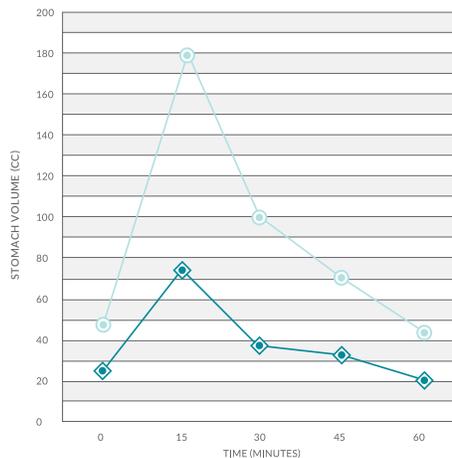


Statistical differences between trials were observed at:

- 30 Min; p=0.001
- 60 Min; p=0.02



Gastric Emptying

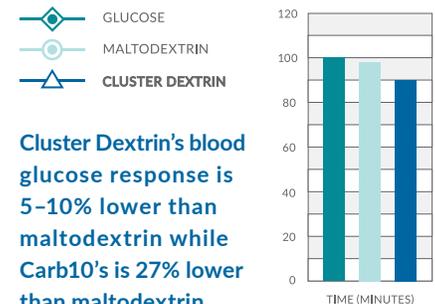
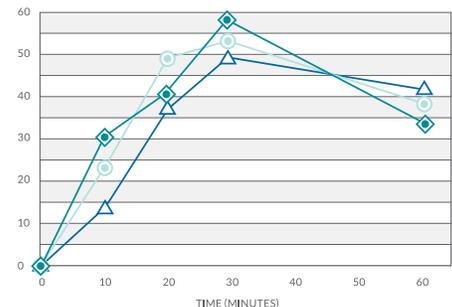


Statistical differences between trials were observed at:

- 15 Min; p=0.02
- 30 Min; p=0.02
- 45 Min; p=0.06



Blood Glucose Comparison Chart



Cluster Dextrin's blood glucose response is 5-10% lower than maltodextrin while Carb10's is 27% lower than maltodextrin.

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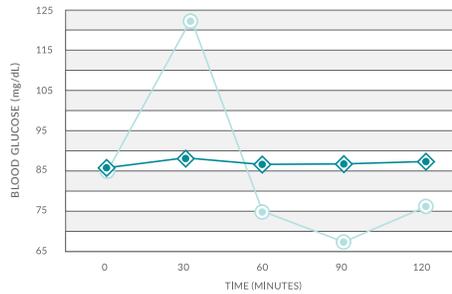
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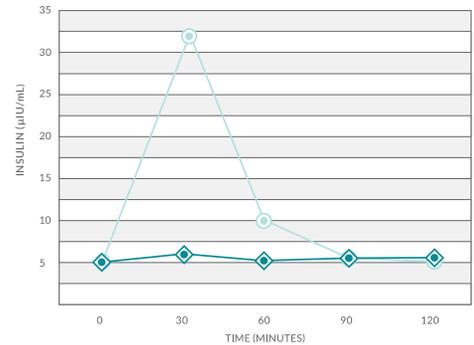
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90 Min; p=0.001

120 Min; p=0.001



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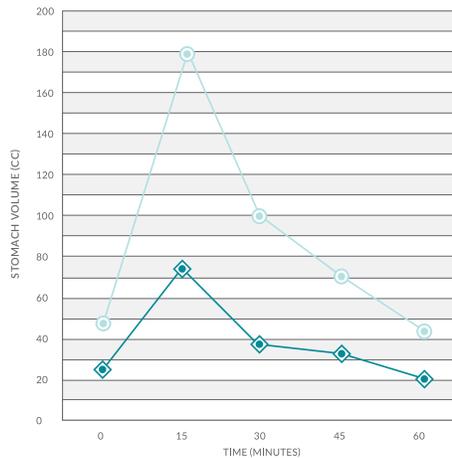
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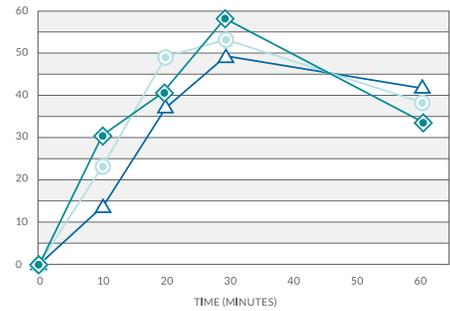
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